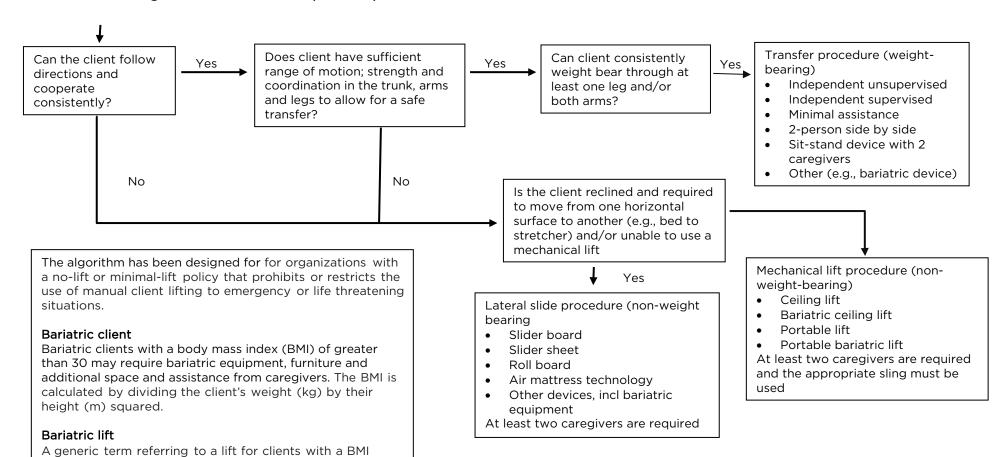# Client Mobility Assessment Algorithm

Prior to proceeding with the client mobility assessment:

- Ensure the client is medically safe to move including medical precautions, e.g., hip precautions. Assess client's height and weight.
- Assess the client's pain level and medical devices to ensure they can proceed with client handling procedure
- Ensure environmental conditions and equipment are suitable to perform the task
- Ensure caregivers are trained and competent to perform the tasks

Can the client follow directions and cooperate consistently?

→ Yes → Does client have sufficient range of motion; strength and coordination in the trunk, arms and legs to allow for a safe transfer?

→ Yes → Can client consistently weight bear through at least one leg and/or both arms?

→ Yes → **Transfer procedure (weight-bearing)**
- Independent unsupervised
- Independent supervised
- Minimal assistance
- 2-person side by side
- Sit-stand device with 2 caregivers
- Other (e.g., bariatric device)

No (from first box) / No (from second box)

Is the client reclined and required to move from one horizontal surface to another (e.g., bed to stretcher) and/or unable to use a mechanical lift

↓ Yes

Lateral slide procedure (non-weight bearing
- Slider board
- Slider sheet
- Roll board
- Air mattress technology
- Other devices, incl bariatric equipment
At least two caregivers are required

Mechanical lift procedure (non-weight-bearing)
- Ceiling lift
- Bariatric ceiling lift
- Portable lift
- Portable bariatric lift
At least two caregivers are required and the appropriate sling must be used

The algorithm has been designed for for organizations with a no-lift or minimal-lift policy that prohibits or restricts the use of manual client lifting to emergency or life threatening situations.

Bariatric client
Bariatric clients with a body mass index (BMI) of greater than 30 may require bariatric equipment, furniture and additional space and assistance from caregivers. The BMI is calculated by dividing the client's weight (kg) by their height (m) squared.

Bariatric lift
A generic term referring to a lift for clients with a BMI between 30 and 40.

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